Generalisation Distraction Training



When you start training any new behaviour it is important to start at the lowest possible level of distraction. For instance, your kitchen or living room. Then slowly start raising the level of distraction. By doing this you are helping your dog to generalise the behaviour. If you only train your dog at home chances are he will only do what you ask at home.

Ever heard someone say: "I don't understand it, he does it at home".

To avoid this from happening you need to train in different places, each place having a bit more distraction.

Use the below table to identify 5 different places you are going to train your dog, starting at a very low level of distraction and slowly building on the distraction he will have to deal with

Be mindful not to make it too difficult too soon.

Set your dog up for success, generalise!



Behaviour	Distraction Level 1	Distraction Level 2	Distraction Level 3	Distraction Level 4	Distraction Level 5

